



OMEEO REGION NEWS SHEET



Wednesday 11th March 2026

AN OMEOSHIRE LIONS CLUB PROJECT

20 cents

SERVING ENSAY, SWIFTS CREEK, OMEEO. BENAMBRA, DINNER PLAIN.

NEWSHEET ENQUIRIES:

Email: newsheet@omeeo.org.au
Phone : 0493 106 225..... www.omeeo.org.au
Post: P.O. Box 182 Omeo 3898



Omeo District Health
Community
Health Centre

Opening Hours:

Monday to Friday - 8am to 5pm

Pathology Services:

Monday to Friday - 8am to 9am

Call to make an appointment on

5159 0140

or book on online through HotDoc

GP standard appointments now Bulk Billed
for ALL Medicare eligible patients

In an Emergency, please call 000

Medical Centre

Dr Howard Goldenberg

*Please note some days
are via telehealth*



**OMEEO OSCAR F.M.
LUCKY NUMBERS**

No 6 ... Ann Petersen

No 19 ... Terry Petersen

Weather...

Wed 11th 12-29. Thursday 12th 8-24.

Friday 13th 7-18. Saturday 14th 8-19.

Sunday 15th 12-18. Monday 16th 15-24.

Tuesday 17th 8-23. Wednesday 18th 8-23.

District Diary

Wednesday 11th March

Omeo to Bright Bus..departs Omeo 8.30am return 3.30pm

Lego Club. Omeo Library..... 3.30pm-4.30pm

Twilight Golf, Omeo Golf Club4.00pm

Thursday 12th March

Omeo Opportunity Shop Open.....11.00am-3.00pm

Friday 13th March

Omeo to Bright Bus...departs Omeo 8.30am return3.30pm

Saturday 14th March

AA. meeting 1st Saturday of month, CFA rooms2.00pm

Omeo Opportunity Shop Open.....11.00am-3.00pm

Sunday 15th March

Anglican Church Omeo..... 11.00am

Catholic Prayer Meeting Omeo

Golf Comp12.00pm

Monday 16th March

Omeo to Bright Bus depart...Omeo 8.30am return3.30pm

The High Country Singers Omeo Shire 1.00pm to 3.00 pm

Tuesday 17th March

Listen with Lorna live radio O.S.C.A.R. fm ...

N.B.A successful man is one who makes more money
than his wife can spend. A successful woman is one who
can find such a man

Amicus.

SNAPDRAGONS JOKE

An old religious woman goes to a pet store to buy a parrot.

Everything is fine until she brings it home.

It begins to swear uncontrollably and finally the lady can stand
it no more. She grabs the bird, shoves it in the freezer, and
slams the door shut. Squawking, shrieking, pounding, and
cursing come out of the freezer for a few moments and then it
goes quiet. The woman is scared that she has hurt the bird and
opens the freezer. The parrot walks calmly out and steps gently
onto the woman's outstretched hand. He looks into the lady's
eyes and says "Ma'am, I am truly sorry if my language
offended you and it will not recur.

If I may ask, what did the chicken do?"



Darren Chester
Federal Member for Gippsland

Shopping Locally

Creates Local Jobs
#lovegippsland



1300 131 785 **www.darrenchester.com**



186 Day Avenue. Omeo. 3898
PH: 03 51591663 FAX: 03 5159 1686
EMAIL: omeopharmacy@gmail.com
DELIVERY AVAILABLE



R.E.C. 17886

MITCHELL
Electrical Services

INDUSTRIAL — DOMESTIC
ELECTRICAL MOTOR REPAIRS

CONTACT: TOM MITCHELL
5157 3200 — 0428 573 205
"From The Lakes To The Alps"

Skicom Mt Hotham
CARPET/UPHOLSTERY/MATTRESS CLEANING SERVICE

Scott DeVries
0429 723 274
scottdevries2@icloud.com



STUBBORN DIRT, GRIT, STAINS, PET ODOUR, ALLERGENS... BE GONE!

GARY'S TREE LOPPING
MOWING
EDGING (7 DAYS)
HEDGE TRIMMING
LOG SPLITTING
0427772634

ENSAY RECREATION RESERVE
Notice is given of a
PUBLIC MEETING
To be held at The Ensay Recreation Reserve on the
25/03/2026 commencing at 5 pm.

The purpose of the meeting is to nominate no less than three (3) nor more than nine (9) persons as the Committee of Management for the Ensay Recreation Reserve for a term of three years. The current Committee's term will expire on the 4/4/2026. All positions will be declared open and nominations will be accepted prior to or on the night. Nominations from women, Aboriginal People, People with Disabilities, Young People, and people from culturally diverse backgrounds are encouraged.

Further information. Nomination forms and nominee declaration forms may be obtained by contacting your local Department of Energy, Environment and Climate Action office or at the meeting.

For further enquiries please contact the secretary, Kathy Morgan on **51573227** or **0419249535**



ANGLICAN CHURCH

All are Welcome **Easter Sunday 4/5/26**
Service in Omeo
At 10.30am
All Welcome
Thelma
0428 458 367



**Daily Services between
Melbourne - Bairnsdale - Omeo**
Bairnsdale Depot - Grinters Transport,
 16 Lawless Street, Bairnsdale, 3875

Melbourne Depot - Vic Freight Specialists, 13B,
 13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering &
 Equipment Hire, 87 Bilton Street, Omeo, 3898
 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: **0418 516 857**

Email: admin@grinters.com

- ◆ Pallets . Parcels .
- ◆ Livestock . Hay .
- ◆ Machinery . Bulk
- ◆ General . Wool
- ◆ Refrigerated Freight . Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875
 Phone : Maureen 0402 001 593
 Jens **0402 006 268**

Many fabrics to choose from for all your
 furnishing needs Over thirty years in
 Business and 76 years' experience in the
 industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- | | |
|---------------|---------------|
| ➤ Groceries | ➤ Gas Bottles |
| ➤ Meat | ➤ Bottle Shop |
| ➤ Fruit & Veg | ➤ Post Office |

- Fuel ULP & DSL + Winter Mix
- Breakfast & Lunch Daily until 2pm
- Fish & Chips - Friday Nights 4pm-7pm
 - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit &
Vegetables

Drop in and meet our awesome team to grab a
 bite to eat or stock up on supplies for your
 adventure around Sunny Benambra

TRADING HOURS

Weekdays 8am - 5:30pm
 Weekends 9am - 5pm
 Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing,
 Mains and solar operated

TV Installation and servicing of both
 Satellite & "Terry"

Generator - Sales/Hire/Installation/

Mains to Generator
 changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations
 Industrial to domestic..

Competitive rates
 and servicing the Omeo region

Contact Jeremiah on 0418 909 978

Ensay Bush Nursing Centre

T. 03 5150 2416

F. 03 5150 2419

email: ensaybnc@gha.net.au



Open 9am until 3pm

Monday to Friday

**5 Great Alpine Road
Ensay, VIC. 3895**

Nursing services: No appointment required.

Pathology: Monday to Friday 9am until 10.15

No cost, No appointment required.

Footcare: Approximately 6 weeks, \$15.00 cost ring for an appointment.

Walk and morning tea: 1st Friday of each month

Memberships: \$80.00 family and 40.00 single due 31st of July each year, pro-rata payments accepted for new members.

Follow us on Facebook and on our website for events and employment opportunities.

WEBPAGE

<https://www.ensaybushnursing.com.au>

Swifts Creek Bush Nursing Centre INC.

Tel: 03 5150 2430 Fax: 03 5150 2439 Email: susan.carroll@gha.net.au

17 McMillian Street, Swifts Creek 3896

Hours of Operation Monday to Friday: 9am-5pm

Weekends: 9am - 11am

Emergency on-call available after hours



Nursing Services:

No appointment required!
Enjoy unlimited visits with an annual membership, or pay a one-time fee per visit as a non-member.

Annual Membership Fees

Family Membership: \$200

Single Membership: \$100

Non-Member Fees:

In Business hours: \$80

Out of Business hours: \$150

Assistance with **Virtual**

Emergency Consults.

Immunization's

A Rural and Isolated Practice

Nurse is available for wound care.

Pathology: Weekdays from 9 till 9.45

Women's Health

Ante Natal and Post Natal Care

is available

Hire of Equipment

Bush Nurse Home Visits – if required are available upon request.

24 Hour Bp Monitor

website: <https://www.swiftscreekbushnursingcentre.com.au>

ALL SCREENS GIPPSLAND

SALES - SERVICE - REPAIRS

GLASS & GLAZING –

WINDOW REPLACEMENTS

– SHOWER SCREENS – ROBE DOORS –
SECURITY DOORS – FLY SCREENS &
MORE

Servicing - Ensay, Swift Creek, Omeo,
Benambra & Dinner Plain

OFFICE: 5152 6791

JUSTIN: 0457 775 168

emailsales@allscreensgippsland.com.au

www.allscreensgippsland.com.au



Fresh Air
Cafe



Fresh Air Café
now stocking

Benambra General Store

Family size Lasagna \$35

Family size Chicken and Leek pie \$25

Family size Chicken and Vegetable pie \$25

Family size Quiche Lorraine (Gluten Free) \$20

Family size Vegetable Quiche (Gluten Free) \$20

Orders can be taken, please allow a 2
day turnaround

Fresh Air Café 5159 1683

Benambra Store 5159 9209

LYREBIRD PLANT NURSERY
AND GARDEN SUPPLIES
35 HANKSHAW'S HILL ROAD OMEO –
Last house on the left.



New Plants in stock now

Native Grevillea, Leptospermum, Crowea,
Correa, groundcovers and more

Potted Colour and indoor/patio plants
perfect for Christmas gifts and a variety
of Tomato's also available.

Bagged potting mix.

OPEN WEEKENDS OR ANYTIME BY APPOINTMENT

CASH ONLY OR DIRECT DEPOSIT

Please call Kell Jobling **0438 373 789**

CASH ONLY OR BY DIRECT DEBIT



Contact Matty or Lauren for bookings.

Email: alpinecycleworks@mail.com

Phone: 0411 519 612

Light vehicle mechanic covering all
aspects of repair, servicing and
maintenance.

Also specialising in motorcycles,
custom-built motorcycles, classic
cars, pre-2000 vehicles,
carburettors, light fabrication.

FOODWORKS
Omeo

OPENING HOURS

Monday	7:00 am - 7:00 pm
Tuesday	7:00 am - 7:00 pm
Wednesday	7:00 am - 7:00 pm
Thursday	7:00 am - 7:00 pm
Friday	7:00 am - 7:00 pm
Saturday	7:00 am - 7:00 pm
Sunday	9:00 am - 5:00 pm

(03) 5159 1210 |

omeofoodworks@gmail.com



**SUBSCRIBERS
PLEASE NOTE**

www.omeo.org.au/newssheet

Phone : 0493 106 225

All articles for the newssheet to be
in by 12.00 noon on the Monday
before publication.
On sale Wednesday.

Prices for Newssheet are as follows:

Full Page A4 \$40.00

1/2 Page \$20.00

1/4 Page \$10.00

1/8 Page \$5.00

**Please state what size you
require & how long/dates you
would like it advertised for.**



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FARMER FIRST APPROACH
"Your trusted partner in rural and agricultural finance"

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- Seasonal Finance
- Livestock Finance
- Equipment Finance
- Annual Bank Reviews
- Housing Loans

Cameron McPhan
Phone: 0439 388 808
cameron@farmgateagrifinance.com.au




CASSILIS COMMUNITY MARKET
SUNDAY, 15TH MARCH, 2026
10.00AM TO 2.00PM

GREAT FOOD
GREAT STALLS & CAR BOOT SALES
AT THE CASSILIS RECREATION RESERVE

STALL BOOKINGS:
Debra 0425850148 or
debraherbertson@gmail.com

FUTURE MARKET DATES:
5/7 (AT THE SWIFTS CREEK HALL)
6/9 & 6/12



All free Homes Wanted

Working dogs need a new home.

1 blue dog, 12 months, lots of energy.

1 black and tan Huntaway x bitch vaccinated, approx. 6 months

1 fawn dog approx. 2.5 years old, has worked sheep and goats.

These dogs are not town dogs or pets and are not good for young kids.

1 Huntaway bitch would make great pet. 4 years old, just showing some style.

Contact Trevor King 0427 026 606.

EAST GIPPSLAND SHIRE LIBRARIES
FREE | BOOKINGS ESSENTIAL

Tech Help

One-On-One Assistance



Omeo Service Centre
Monday 16 March
9.30 am – 12.00 pm

Book Now
At your library
5152 4225
www.trybooking.com/eventlist/eastgippslandshirelibraries
Scan the QR code



Book a One-On-One tech help session!
Book a 30 minute one-on-one session, where we'll work together to set tech goals and help you achieve them.

Support is available for using devices, applications, social media and browsers. We don't cover issues related to security, repairs, or purchase recommendations.






Please note, we cannot assist with online banking-related problems for privacy reasons.

Libraries Change Lives



Rates Assistance

The final date to pay your 2025/26 rates was 15 February 2026 (unless paying by instalments). If you have an overdue balance, we're here to help. Flexible payment plans are available to suit your circumstances, with no interest while on an approved plan. Additional hardship support may also be possible. Contact us on 5153 9500 or drop in to one of our Service Centres to discuss your options. The Rates team will also be at the following locations on the listed days. You are welcome to drop in – no appointment is needed to have a confidential discussion.

-  **Lakes Entrance Service Centre**
Monday 16 March, 9.30 am - 3.00 pm
-  **Omeo Service Centre**
Monday 23 March, 10.00 am - 4.00 pm
-  **Cann River Community Centre**
Wednesday 25 March, 10.00 am - 12.00 pm
-  **Mallacoota Service Centre**
Wednesday 25 March, 2.00 pm - 5.00 pm
-  **Orbost Service Centre**
Thursday 26 March, 9.30 am - 3.00 pm

East Gippsland Stormwater Management Plan


Feedback open until 12pm, Wednesday 25 March 2026

Join us at one of our community drop-in sessions to help shape East Gippsland's Stormwater Management Plan.

Your local knowledge is vital, whether you've experienced flooding, drainage issues, or simply want to learn more about how stormwater is managed in your area. Come along, chat with our team, and share your insights.

Date & Time	Location
Friday 6 March 10am – 12pm	Paynesville Service Centre (Library)
Friday 6 March 2pm – 4pm	Bairnsdale Library
Tuesday 10 March 10am-12pm	Lakes Entrance Service Centre (Library)
Thursday 12 March 10am-12pm	Orbost Library
Monday 16 March 10:30am-12:30pm	Cann River Community Centre
Monday 16 March 3:30pm-5:30pm	Mallacoota Service Centre
Wednesday 18 March 3pm-6pm	Omeo Town Hall
Tuesday 24 March 10:30am-12:30pm	Buchan Neighborhood House
Tuesday 24 March 6pm-7pm	Online: https://teams.microsoft.com/join/459221512290387p=3XGMCxsScCRkLth19

Scan the QR code for further information about the Stormwater Management Plan.



MENTAL HEALTH SERVICES

OMEO COMMUNITY HEALTH CENTRE

We're expanding our mental health support for the communities of our region. If you or someone you know is experiencing mild to moderate mental health challenges, our team is here to help.

Whether you're looking for guidance, connection, or recovery-focused care - Support is now closer than ever; with mental health services based at the Omeo Community Health Centre.

Contact us to learn more or to book an appointment

Expanded services

-  One on one support
-  Wellbeing programs
-  Help with safety planning and daily wellbeing
-  Outreach to remote and isolated areas
-  Collaborative care with your local GP and health team

Mental Health Matters

We are here to help

Call 5159 0140





Omeo District Health
Delivers better outcomes for our rural community



mental health & wellbeing local

Free support in your community

Mental Health and Wellbeing Local in Bairnsdale and Orbost (servicing East Gippsland) is your front door to free, easy-to-access mental health and wellbeing support for people aged 26 and over. No referral and no Medicare card needed.

Our outreach team, will be visiting
Ensay, Swift's Creek, Benambra and Omeo on
25-26 Feb | 25-26 March | 22-23 April

To book a private 1:1 appointment while we're here,
call **1300 000 352** | For community groups and services,
please contact: **Susie — 0476 112 665**



Blue Dirt | Dead Sailor Store – Omeo, VIC

Blue Dirt is on the lookout for a friendly, motivated all-rounder to join our Dead Sailor store in Omeo.

- This is a hands-on, multi-skilled position. Duties will include:
- Providing great customer service
- Making coffees and drinks
- Making/cooking pizzas and other basic food items
- Food prep and general kitchen duties
- Maintaining a clean, organised workspace
- Bike rental operations

Hours & Availability: Consistent part-time work: FRI, SAT & SUN year round. Increase to 5–6 days per week during holiday periods.

Experience is beneficial but not essential – on the job training available

Accommodation can be included if needed. Extensive bike industry discounts & perks included

To apply: Send CV or 1 pager with experience/qualifications/availability & more to ride@bluedirt.com.au



EXPRESSION OF INTEREST: PROVISION OF CLEANING SERVICES SWIFTS CREEK P-12 SCHOOL

Expressions of Interest (EOI) are invited from cleaning contractors for the provision of cleaning services at Swifts Creek P-12 School located at 6840 Great Alpine Road Swifts Creek Vic 3896

- **Contract Term:** 3 years with a 2-year extension option.
- **Mandatory Requirements:**
 - Provision of valid Public Liability Insurance (min. \$10 million) and WorkCover Certificates of Currency.
 - All onsite staff must hold a valid Working with Children Check.
- **Site Inspection:** A mandatory site briefing will be held by appointment only. Please register your attendance by calling 03 5159 4366
- **Closing Date:** EOI submissions must be received by 4pm on 20th March 2026
- **Submission Method:** Digital copies should be emailed to swifts.creek.p12@education.vic.gov.au with the subject line "Confidential – Swifts Creek P-12 School Cleaning EOI Submission".

For further information or to request a School Council Cleaning Checklist, please contact Julie Purdey or Amanda Crisp on 51594366.

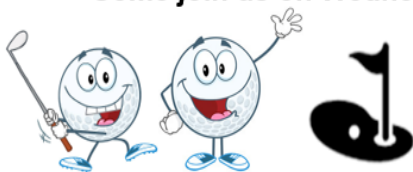


OMEO GOLF RESULTS



Wednesday Twilight 04/03/26			Sunday 08/03/26	
9-hole Stableford–4.00 for 4.30pm			18-hole Stableford 12.30 for 1pm	
Place	Points	Player	Points	Player
<i>Winner</i>	18	Danny Lee		No report available
<i>2nd</i>	16	Chris Jones		
<i>3rd</i>	16	Richie Adams		
<i>NAGA</i>	7	Andy Donkin		
<i>Nearest pin 7th</i>	-	Danny Lee	-	
<i>Nearest pin 16th</i>	-	-	-	
<i>2nd Shot 6th</i>	-	Dean Jobling	-	

Come join us on Wednesday 4pm &/or Sunday 12.30pm ... all welcome.





179 Day Ave Omeo
Omeo Soldiers Memorial Hall



LINE DANCING ON
Friday nights at the
Omeo Soldiers Memorial Hall
5.30-7.30pm
First night free -
March 20th
\$17 thereafter for 2 hours of fun
and dancing.. Registration -
omeocommunityhub@gmail.com



Pickleball -
Omeo Soldiers
Memorial Hall

Friday March 13th at
10.30am

Angie & Brian from Bairnsdale Pickleball are coming to Omeo to
instruct us.
Join us for some fun and exercise.
More laughs and enjoyment along the way.

EVER WANTED TO LEARN
HOW TO DO FELTING?



Alpaca wool (provided)

10am-1pm April 10th Carrie
Aronson is going to show us how
it's done.
\$5 per person
(including light lunch).
Registration required - limited
numbers
omeocommunityhub@gmail.com



ARE YOU AT SEA WITH FACEBOOK?
NEED SOME HELP TO GET IT SORTED?
GOT A BASIC UNDERSTANDING BUT NEED A
LITTLE HELP?

Sophie Lawlor is here to help you.

APRIL 2ND 1-2PM

Just come into the Hub for a group session and some
personal assistance.

VERY WEDNESDAY NIGHT
AT THE OMEO SOLDIERS
MEMORIAL HALL

5.30 - 6.30PM



Online on our
big screen.

\$12 per person

Come along & have some fun.

OMEO EASTER MARKET 2026

Where ? 179 Day Ave Omeo
(opposite the pharmacy)

When ? Sat 9am - 4pm

What ? Indoor market stalls

Crafts & treasures
for sale.



If your interested in a stall contact
omeocommunityhub@gmail.com
or ring Ronda 0427191223

FUNDRAISING FOR THE OMEO SOLDIERS
MEMORIAL HALL UPGRADE

OMEO EASTER MARKET 2026

Are you interested in having a stall in
the Hall?

Cost \$15 for the day.

Set up on Friday 3pm if required.

All types of stall holders are invited.

Omeo will be buzzing with people.Rodeo is on
the same day & the MTB trails will be alive.



If your interested in a stall contact
omeocommunityhub@gmail.com
or ring Ronda 0427191223

FUNDRAISING FOR THE OMEO SOLDIERS
MEMORIAL HALL UPGRADE