

# OMEO REGION NEWS SHEET



Wednesday 28 May 2025

AN OMEOSHIRE LIONS CLUB PROJECT

20 cents

SERVING ENSAY, SWIFTS CREEK, OMEO, BENAMBRA, DINNER PLAIN.

### **NEWSHEET ENQUIRIES:**

Email: newsheet@omeo.org.au Phone: 5159 1515 ..... www.omeo.org.au Post: P.O. Box 182 Omeo 3898

### **Medical Services-Omeo Region**

For URGENT Medical Care call 000 Omeo Medical Centre Please Phone: 51 590 140

To arrange an appointment

Monday to Friday 8.00am—5.00pm

Pathology: Collection Monday to Friday

8.00 am—9.00 am by appointment only

### OMEO COMMUNITY HUB LUCKY NUMBERS

No 10 ... James Morgan No 18... Bill Rogers

### **SNAPDRAGONS JOKE**



WEATHER 28 May- 4 June

29	Thu	30	Fri	31	Sat
6	<b>14°</b> 3°	6	<b>14°</b> 2°	6	<b>15°</b> 1°
1	Sun	2	Mon	3	Tue
	<b>14°</b> 6°	2	<b>14°</b> 4°		<b>12°</b> 2°

### **District Diary**

Wednesday 28th May

Omeo to Bright Bus..departs Omeo 8.30am return 3.30pm Lego Club Omeo Library......3.30pm-4.30pm

Thursday 29th May

Friday 30th May

Omeo to Bright Bus...departs Omeo 8.30am return3.30pm

Saturday 31st May

Sunday 1st June

**Monday 2nd June** 

Omeo to Bright Bus depart...Omeo 8.30am return3.30pm The High Country Singers Omeo Shire Offices.....2-3.30 pm

Tuesday 3rd June

Listen with Lorna live radio O.S.C.A.R. fm ... 12.00-2.00pm

NB. "Even the strongest blizzards start with a single snowflake."

Amicus



Medical Centre Charles Luiz



&

Howard Goldenberg

Please note some days are via telehealth Phone: 5159 0140





186 Day Avenue. Omeo. 3898 PH: 03 51591663 FAX: 03 5159 1686

EMAIL: omeopharmacy@gmail.com **DELIVERY AVAILABLE** 



Industrial - Domestic Electrical Motor Repairs

CONTACT: TOM MITCHELL

5157 3200 - 0428 573 205

"From The Lakes To The Alps"



### SWITCH RECYCLING BOUTIQUE

157 Day Avenue Omeo Next to the Post Office Open 7 days 9.00am to 5.00pm IN STOCK, HUGE RANGE OF NEW TRENDY DRESSES AVAILABLE ... GET IN EARLY-ALSO IN STOCKJUMPERS/ JACKETS/ JEANS/ TOPS/ SKIRTS/ MENS SHIRTS/ JUMPERS/ / SHOES/ BOOTS/ HATS & JEWELLERY... COME IN FOR A BROWSE...



Come have your say.

Omeo Angling Club will be holding their **AGM** at the club at 7pm on Friday the 13th of June

### SAVE THE DATE - June 30th 2pm at the Omeo Community Hub.

Free Resilience Workshops to help strengthen your home. Prepare for bushfires, storms & other natural disasters.

### FREE - Funded by Gippsland Emergency Recovery Fund.

Please register using the OR code for catering purposes lunch & refreshments provided.

### Please register to secure your spot!









Daily Services between
Melbourne - Bairnsdale - Omeo
Bairnsdale Depot - Grinters Transport,
16 Lawless Street, Bairnsdale, 3875

**Melbourne Depot** - Vic Freight Specialists, 13B, 13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering & Equipment Hire, 87 Bilton Street, Omeo, 3898 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: 0418 516 857

Email: admin@grinters.com.au

- Pallets . Parcels .
- Livestock . Hay .
- Machinery . Bulk
- General . Wool
- Refrigerated Freight. Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



### Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875 Phone Maureen 0402 001 593 Jens **0402 006 268** 

Many fabrics to choose from for all your furnishing needs. Over thirty years in Business and 76 years' experience in the industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- Groceries
- Gas Bottles

➤ Meat

- ➤ Bottle Shop
- Fruit & Veg
- ➤ Post Office
- ➤ Fuel ULP & DSL + Winter Mix
- > Breakfast & Lunch Daily until 2pm
- Fish & Chips Friday Nights 4pm-7pm
  - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit & Vegetables

Drop in and meet our awesome team to grab a bite to eat or stock up on supplies for your adventure around Sunny Benambra

### TRADING HOURS

Weekdays 8am - 5:30pm Weekends 9am - 5pm Public Holidays 9am - 5pm

03 5159 9209



Bore pumps sales and servicing, Mains and solar operated

TV Installation and servicing of both Satellite & "Terry"

Generator - Sales/Hire/Installation/

Mains to Generator changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations Industrial to domestic..

Competitive rates and servicing the Omeo region

Contact Jeremiah on 0418 909 978







### GLASS & GLAZING -

WINDOW REPLACEMENTS

SHOWER SCREENS – ROBE DOORS –
 SECURITY DOORS – FLY SCREENS &
 MORE

Servicing - Ensay, Swift Creek, Omeo, Benambra & Dinner Plain

OFFICE: 5152 6791

JUSTIN: 0457 775 168 emailsales@allscreensgippsland.com.au

www.allscreensgippsland.com.au





A Registered Nurse from Swifts Creek Bush Nursing Centre will be visiting Benambra Neighbourhood House periodically. Please call in advance to make a booking on Ph. 5150 2430.

Services available include blood pressure checks, blood sugar monitoring, cervical screening self-collection, telehealth, social emotional support, and assistance with accessing services.

All available free of charge.

Wound care and suturing – small fee Pathology collection available.

Bookings for Pathology are essential.

Ph. 03 5150 2430



### **Ensay Bush Nursing Centre**

T. 03 5150 2416 F. 03 5150 2419

email: ensaybnc@gha.net.au



### Open 9am until 3pm

5063 Great Alpine Road Monday to Friday Ensay, VIC. 3895 Nursing services: No appointment required.

Pathology: Monday to Friday 9am until 10.15 No cost, No appointment required.

Footcare: Approximately 6 weeks, \$15.00 cost ring for an appointment.

Walk and morning tea: 1st Friday of each month

Memberships: \$80.00 family and 40.00 single due 31st of July each year, pro-rata payments accepted for new members.

Follow us on Facebook and on our website for events and employment opportunities.

### WEBPAGE

https://www.ensaybushingnursing.com.au

# NEW RUSH BREWHOUSE

Phone: 5159 1276

# Opening Hours

Friday from 5pm Sunday Breakfast 8am 12pm Sunday Lunch 12-2pm







### SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet

Phone: 5159 1515

All articles for the newssheet to be in by 12.00 noon on the Monday before publication.

### On sale Wednesday.

Prices for Newssheet are as follows: Full Page A4 \$40.00



1/2 Page \$20.00

1/4 Page \$10.00

1/8 Page \$5.00

Please state what size you require & how long/dates you would like it advertised for

LYREBIRD PLANT NURSERY AND GARDEN SUPPLIES 35 HANKSHAWS HILL ROAD OMEO -Last house on the left. **OPEN SATURDAY & SUNDAY 10-4PM** Or anytime by appointment.



Our hot weather will be over soon enough so why not get a head start and have some plants on hand for Autumn planting, the perfect gardening Season! Visitors are welcome to wander through the Nursery garden purchase stock. Established potted colour, Native shrubs, small trees, indoor plants and succulents.

A Range of bagged potting mix available. CASH ONLY OR DIRECT DEPOSIT

Please call Kell J

0438 373 789

### High Country Men's Shed

We're on the job



Monday and Friday from 11am to 3pm.

Located at 110 Bilton St, behind the CFA/Ambulance Vic Building.

The High-Country Men's Shed is a local space that residents of the Omeo Region can come together and share their technical skills, knowledge and experience, or come for a cuppa and a chat.

If you have a small project and need a space to complete it in, please come and chat with us.

We are an all-inclusive shed and all are welcome.

For more information contact:

Omeo District Health on 5159 0100



Thankyou to those who attended & supported the Cancer Council Biggest Afternoon Tea at the Omeo Hall last week.

Thank you to Foodworks, Omeo Post & News, Fresh Air Cafe for their donation. Thanks to Marty for finding the time to pop over & speak to the group attending.

Thanks to Coleen & her assistants for putting the fundraiser together.

Total raised was \$880

The QR codes are still up at the Post Office

& Foodworks until Friday this week, if you'd still like to donate under the Omeo event.

Or go online & donate.



HAS YOUR YOUNG FAMILY LIVED THROUGH A NATURAL DISASTER?



SEEKING VOLUNTEERS to share their experiences and needs during natural disasters. Eligibility:

Mothers who have: - experienced mental health challenges before pregnancy, - experienced a natural disaster during your pregnancy period or first year after the birth of your child -live in rural Australia Partners and family members are also invited. The findings from this research will help to create preparedness, relief and recovery plans that considers the needs of you and your family. A \$50 voucher will

IF YOU ARE INTERESTED, PLEASE CONTACT Xiangmin Tan PhD Candidate Monash Rural Health T: +61 493979000 E: Xiangmin.Tan@monash.edu

be provided to each participant as a contribution for your time and knowledge.









### Victorian Volunteering Awards are now open -

The Volunteering Awards are an opportunity to recognise and thank Victorian volunteers for the incredible contributions they make to our state and local communities.

Showcasing excellence by individuals and organisations, the Awards are run by Volunteering Victoria with the support of the Victorian State Government.

### **Volunteering Awards 2025**

The Volunteering Awards 2025 recognise and celebrate the impact volunteers have in building resilient communities, services and connections across Victoria.

Nominations are invited for both volunteers and community organisations with a volunteer workforce. Eight categories are open to nomination by the public.

The Awards are run by Volunteering Victora with the support of the Victorian Government (via the Department of Families, Fairness and Housing)

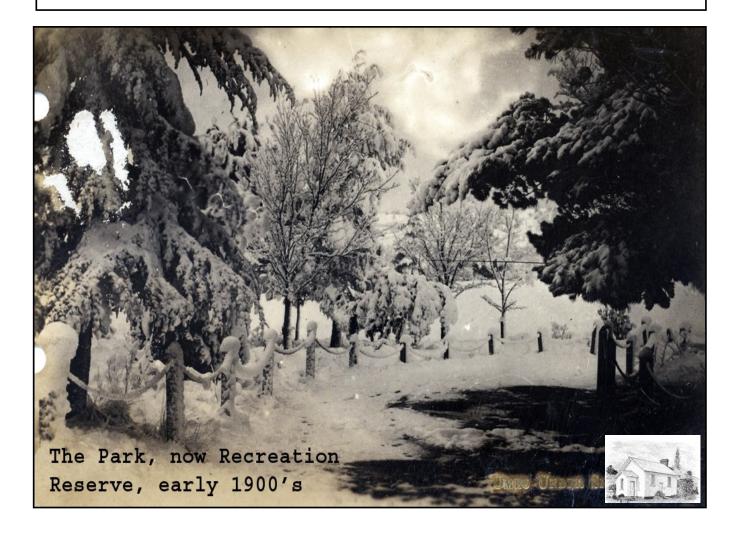
The Awards combine the previous separate Premier's Volunteer Champions Awards, featuring the Dame Elisabeth Murdoch Award for Volunteer of the Year, and the annual Volunteering Victoria State Awards. This creates a single nomination process and a more significant awards ceremony celebrating volunteers and volunteerism across the state of Victoria.

Nominations close Friday 4 July 2025 at 4.00pm

### **Information and Support**

Phone: (03# 9052 4524

Email: <u>awards@volunteeringvictoria.org.au</u>









# **FOR SALE**

## " Crazy Cow Bakery "

The Perfect Opportunity For Someone
To Purchase A Good Established Business
Great Scope To Extend Food & Beverage Lives & Hours
Full Financials Available Re– The Past 3 Years Trade
"Don't Miss Out"

Ring Dean—0400-665-392





### VICTORIA POLICE

The weekend of the 9th to the 12th of May, the Game Management Authority (GMA) and Omeo Police conducted a joint operation in the Omeo area targeting illegal hunting. GMA and Vic Police intercepted a number of vehicles and detected a number of offences resulting in the seizure of firearms and thermal devices.

On May 10, 2025, at approximately 9:00pm on the Benambra-Corryong Rd, two men were intercepted. One a 58-year-old man from Aspendale Gardens and the other a 68-year-old man from Dargo. A firearm with thermal clip-on scope, ammunition and 3 other thermal monocular's were seized. They had Game Licenses suspended on the spot and Vic Police issued immediate firearms licence suspension notices on them for a range of offences including possession of spotlights and firearms in deer habitat after dark, hunting at night, and hunting from a vehicle. Further investigations are underway.

On May 9, 2025, at 09:20pm, along Limestone Road, Benambra, GMA & Omeo Officers intercepted a Toyota 79 series utility driven by a 30-year-old male from Broadlands, Victoria. Officers searched the utility, finding the male had a loaded rifle, O'light torch and two thermal imaging devices. GMA Officers seized the hunting equipment. Further investigations are underway.

GMA and Omeo Police will be conducting further Operations in the Omeo/Benambra area over this winter season.





### OMEO GOLF RESULTS

	Sunday 25/05/25					
	18-hole Stableford-started 12pm.					
	Points	Player				
lst	43	John Reid				
2nd	30	Dean Jobling				
3rd	29	Steve Thomas				
NAAGA	19	Leigh Fulton				
Nearest Pin 7th	-	Daryl Shepherd				
Nearest Pin 16th	-	John Reid				
Nearest Pin 2nd shot 6th	-	Steve Thomas				

Daylight saving Twilight comps start again Wed 8th October 2025 Sunday comps continue. 11.30 for 12noon hit-off...all welcome.



# THESTANDARD

HISTORY AND HERITAGE OF THE BENAMBRA: ENSAY: OMEO: SWIFTS CREEK DISTRICTS

