



OMEEO REGION NEWS SHEET



Wednesday 23 April 2025

AN OMEOSHIRE LIONS CLUB PROJECT

20 cents

SERVING ENSAY, SWIFTS CREEK, OMEEO. BENAMBRA, DINNER PLAIN.

NEWSHEET ENQUIRIES:

Email: newsheet@omeeo.org.au
Phone : 5159 1515 www.omeeo.org.au
Post: P.O. Box 182 Omeo 3898

Medical Services-Omeo Region

For **URGENT** Medical Care call **000**
Omeo Medical Centre

Please Phone: **51 590 140**

To arrange an appointment

Monday to Friday 8.00am—5.00pm

Pathology: Collection Monday to Friday
8.00 am—9.00am

by appointment only

OMEEO COMMUNITY HUB

LUCKY NUMBERS

No 23 ... Cate Spencer

No 33 ... Leonie Bourke

SNAPDRAGONS JOKE

What did Spartacus say
when the lion ate his wife?

Nothing, he was gladiator.

WEATHER 23 –30 April



District Diary

Wednesday 23rd April

Omeo to Bright Bus..departs Omeo 8.30am return 3.30pm
Lego Club Omeo Library.....3.30pm-4.30pm

Thursday 24th April

Omeo Opportunity Shop Open.....
11.00am-3.00pm

Friday 25th April

ANZAC DAY

Omeo to Bright Bus...departs Omeo 8.30am return 3.30pm



Saturday 26th April

AA.1st Saturday of month, CFA rooms2.00pm
Omeo Opportunity Shop Open.....11.00am-3.00p

Sunday 27th April

Anglican Church Omeo..... 11.00am
Catholic Prayer Meeting Omeo
Golf Comp12.00pm

Monday 28th April

Omeo to Bright Bus depart...Omeo 8.30am return 3.30pm
The High Country Singers Omeo Shire Offices.....2-3.30 pm

Tuesday 29th April

Listen with Lorna live radio O.S.C.A.R. fm ... 12.00-2.00pm

NB

There is a certain enthusiasm in liberty, that makes human nature rise above itself, in acts of bravery and heroism.

Amicus.



Medical Centre

Charles Luiz

&

Howard Goldenberg

Please note some days are via telehealth

Phone: 5159 0140



Darren Chester

Federal Member for Gippsland

**Shopping
Locally**

Creates Local Jobs

#lovegippsland



1300 131 785

www.darrenchester.com



OMEOPHARMACY

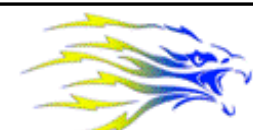
SPEAK TO YOUR LOCAL PHARMACIST

186 Day Avenue. Omeo. 3898

PH: 03 51591663 FAX: 03 5159 1686

EMAIL: omeopharmacy@gmail.com

DELIVERY AVAILABLE



R.E.C. 17886

**MITCHELL
Electrical Services**

**INDUSTRIAL — DOMESTIC
ELECTRICAL MOTOR REPAIRS**

CONTACT: TOM MITCHELL

5157 3200 — 0428 573 205

"From The Lakes To The Alps"

Skicom Mt Hotham

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Scott DeVries

0429 723 274

scottdevries2@icloud.com



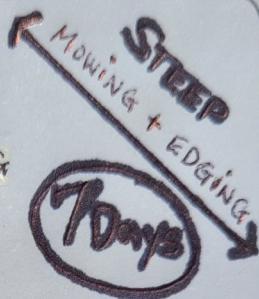
STUBBORN DIRT, GRIT, STAINS, PET ODOUR, ALLERGENS... BE GONE!

TREE TRIMMING
HEDGE TRIMMING
GUTTER CLEANING
STUMP GRINDING

FREE QUOTES

Ph: GARY **0427772634**

email: garysmaintenance@gmail.com



Fresh Air Cafe

Will be closed from the end of business

Friday 2nd May 2025 to reopen on

Monday 19th May 2025.

Sorry for any inconvenience to you all.

Thanks Pauline.

SWITCH RECYCLING BOUTIQUE

157 Day Avenue Omeo

Next to the Post Office

Open 7 days 9.00am to 5.00pm

IN STOCK, HUGE RANGE OF NEW

TRENDY DRESSES AVAILABLE ...

GET IN EARLY-ALSO IN STOCK JUMPERS/

JACKETS/ JEANS/ TOPS/ SKIRTS/ MENS

SHIRTS/ JUMPERS/ / SHOES/ BOOTS/

HATS & JEWELLERY..

COME IN FOR A BROWSE..



Flu vaccinations available now for 65 and
overs, and for kids under 5 years age at

Swifts Creek Bush Nursing Centre.

All age groups available from

Monday 7th April.



**Daily Services between
Melbourne - Bairnsdale - Omeo**
Bairnsdale Depot - Grinters Transport,
 16 Lawless Street, Bairnsdale, 3875

Melbourne Depot - Vic Freight Specialists, 13B,
 13-17 Progress Street, Dandenong, 3175

Omeo Depot – Omeo Welding & Engineering &
 Equipment Hire, 87 Bilton Street, Omeo, 3898
 Phone: (03) 5152 5778 Fax: (03) 5152 3329

Mobile: **0418 516 857**

Email: admin@grinters.com.au

- ◆ Pallets . Parcels .
- ◆ Livestock . Hay .
- ◆ Machinery . Bulk
- ◆ General . Wool
- ◆ Refrigerated Freight . Farm Equipment

Leaves 9.30am from Bairnsdale to Omeo



Jens and Maureen Hudson

18 Great Alpine Road Lucknow 3875
 Phone Maureen 0402 001 593
 Jens **0402 006 268**

Many fabrics to choose from for all your
 furnishing needs. Over thirty years in
 Business and 76 years' experience in the
 industry, between us we can help you.

Including car and motorbike seats

- Car roof linings replaced
- Cushions made to size
- Foam cut to size
- Toyota Land Cruiser seat foams



- Groceries
- Meat
- Fruit & Veg
- Gas Bottles
- Bottle Shop
- Post Office

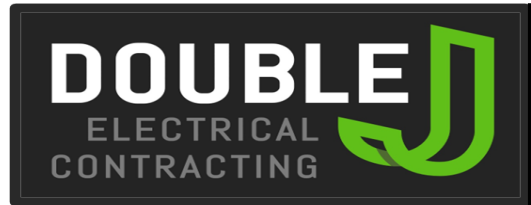
- Fuel ULP & DSL + Winter Mix
- Breakfast & Lunch Daily until 2pm
- Fish & Chips - Friday Nights 4pm-7pm
 - Eat In or Take Away
- Personalised Weekly Orders of Meat, Fruit &
 Vegetables

Drop in and meet our awesome team to grab a
 bite to eat or stock up on supplies for your
 adventure around Sunny Benambra

TRADING HOURS

Weekdays 8am - 5:30pm
 Weekends 9am - 5pm
 Public Holidays 9am - 5pm

03 5159 9209



Bore pumps Sales and servicing,
 Mains and solar operated

TV Installation and servicing of both
 Satellite & "Terry"

Generator - Sales/Hire/Installation/

Mains to Generator
 changeover switches and inlets

Electrical Appliance Repairs/Maintenance

Electrical Installations
 Industrial to domestic..

Competitive rates
 and servicing the Omeo region

Contact Jeremiah on 0418 909 978

EAST GIPPSLAND
SHIRE LIBRARIES



LEGO CLUB 2025



Junior LEGO enthusiasts are invited to attend our after- LEGO Club school sessions.

The sessions incorporate freestyle activity and themed construction activities.

Donations Welcome

The library will gladly accept donations of old or new LEGO brand pieces for our LEGO Club collection.

For more information, phone **51524225** or ask in person at the library about these **FREE** sessions.

Omeo Service Centre

3.30pm-4.30pm

Every Wednesday

Except School Holidays



All Children must be accompanied by an adult



FARMGATE

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Cameron McPhan

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cameron@farmgateagrifinance.com.au



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www.allscreensgippsland.com.au

Mark Trafford **TRAKERS** 0428 264 480
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Bethanga Vic 3691
ABN: 13 946 732 134 **&**
WATER CARTAGE

Specialising in the following services

Potable Water Cartage

Transport of general freight, Agricultural goods,

Motorbikes, Quad bikes, Mowers

Small tractors, SXS's, Machinery parts,

Bagged grain and much more.

Reasonable rates

Truck equipped with 1,000 KG. tailgate loader

Full tarpaulin if required,

ability to load and unload goods

with 1.6 tonne all terrain pallet jack.

Truck capabilities: 6.tonne, 4x4

Tray size: 5.5 mtrs x 2.4 mtrs.

Flat top trailer 6.3 mtr x 2.5 mtr

Transporting weekly to Omeo and district from

Albury/Wodonga Corryong

Orders phoned or emailed by Tuesday 11 am

For delivery on Wednesdays

Contact Mark for delivery charges on

Ensay Bush Nursing Centre

T. 03 5150 2416

F. 03 5150 2419

email: ensaybnc@gha.net.au



Open 9am until 3pm

5063 Great Alpine Road

Monday to Friday Ensay, VIC. 3895

Nursing services: No appointment required.

Pathology: Monday to Friday 9am until 10.15

No cost, No appointment required.

Footcare: Approximately 6 weeks, \$15.00 cost

ring for an appointment.

Walk and morning tea : 1st Friday of each month

Memberships: \$80.00 family and 40.00 single

due 31st of July each year, pro-rata payments

accepted for new members.

Follow us on Facebook and on our website for events and employment opportunities.

WEBPAGE

<https://www.ensaybushnursing.com.au>

NEW RUSH BREWHOUSE

Phone :5159 1276

Opening Hours

Friday from 5pm

Sunday Breakfast 8am 12pm

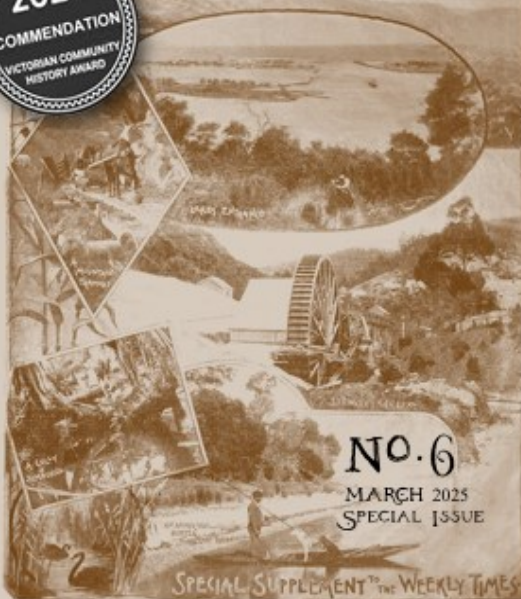
Sunday Lunch 12- 2pm



THE STANDARD

HISTORY AND HERITAGE OF THE
BENAMBRA : ENSAY : OMEO : SWIFTS CREEK DISTRICTS

GIPPSLAND
MOUNTAINS
LAKES • RIVERS.



LYREBIRD PLANT NURSERY AND GARDEN SUPPLIES

35 HANKSHAW'S HILL ROAD OMEO –

Last house on the left.

OPEN SATURDAY & SUNDAY 10-4PM

Or anytime by appointment.



Our hot weather will be over soon enough so why not get a head start and have some plants on hand for Autumn planting, the perfect gardening Season! Visitors are welcome to wander through the Nursery garden and purchase stock. Established potted colour, Native shrubs, small trees, indoor plants and succulents.

A Range of bagged potting mix available.

CASH ONLY OR DIRECT DEPOSIT

Please call Kell J

0438 373 789



HALL STORIES.....

If you've got memories about activities that have happened in the Omeo Hall over the last 50 years we'd love to hear from you. On May 10th, Comedian Damien Cullinan, is presenting an evening of light entertainment & would love to chat with you to gather some information. We'd also like to create a collage of photos or other memorabilia to display. If you've got photos that we can take copies of that would be wonderful. Please contact Ronda 0427191223 or drop into the Omeo Community Hub (we're open when the flag's out). Should be a fun night so put it in your diary. Football and netball in the afternoon & light entertainment in the evening - SAT NIGHT IS FREE (Bookings essential) - QR code on posters around town

SUBSCRIBERS PLEASE NOTE

www.omeo.org.au/newssheet
Phone : 5159 1515

All articles for the newssheet to be in by **12.00 noon on the Monday** before publication.

On sale Wednesday.

Prices for Newssheet are as follows:

Full Page A4 \$40.00

1/2 Page \$20.00

1/4 Page \$10.00

1/8 Page \$5.00



Please state what size you require & how long/dates you would like it advertised for

THANKYOU FROM THE OMEO COMMUNITY HALL AND HUB COM INC

for your support for our Indoor Easter Market at the Hall on Easter Sat & Sun. Thanks to Omeo Rural for donating the major prize & the other traders from Day Ave Omeo for their vouchers for purchases in their stores (winners listed below).

If you are listed and haven't received notification please contact Ronda on 0427191223.

Prize	Winner
1 Omeo Rural & Hardware – Fridge	Ronda M
2 Omeo Post & News	Tania B
3 Foodworks	Coleen T
4 Hilltop Hotel	Maureen W
5 Fresh Air Café	Terry D
6 High Country Café & Take Away	Carrie A
7 Pippa.s Bakehouse	Bill R
8 Omeo Service Station	Kate C
9 Crazy Cow Bakery	Anne F
10 Golden Age Hotel	Darren
11 New Rush Brewhouse	Walkdek
12 Big River Fishing & Outdoors	Deb R
13 Omeo Pharmacy	Sharon



Thank you to community members who donated goods for sale, thanks to the stall holders and thanks to the volunteers who assisted over the weekend. Around \$2000 was raised towards the Hall upgrade. Lots of 'stuff' was saved from landfill and repurposed and rehomed. Omeo was abuzz over the Easter holiday break. Lots of happy holidayers who enjoyed the great weather and the activities that the Omeo Region has to offer.



Registered Nurse from Swifts Creek Bush Nursing Centre
will be visiting

Benambra Neighbourhood House on Thursday 24th of April, 2025
Please come anytime between 8am and 3pm or make a booking
(phone number below)

Services available include blood pressure checks, blood sugar monitoring,
cervical screening self-collection, telehealth, social emotional support,
and assistance with accessing services.

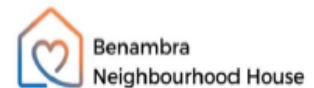
All available free of charge.

Wound care and suturing - small fee

Pathology collection available between 7am and 8am.

Bookings for Pathology are essential.

Ph. 03 5150 2430



ANZAC DAY: MORE THAN A PUBLIC HOLIDAY

Gippslanders are being urged to attend their local Anzac Day service and commemorate all Australians who have served in the defence force by Federal MP Darren Chester.

Mr Chester, who is also a former Minister for Veterans' Affairs, says Anzac Day is much more than a public holiday and is an opportunity to give thanks to the men and women who continue to serve us today.

“Anzac Day is not about glorifying war or conflict, quite the opposite,”
Mr Chester said.

“It’s our chance to pay our respects to the 102,000 people who have been killed wearing our nation’s uniform and protecting the freedoms we all enjoy today.

“We live in challenging geopolitical times, and our national security is a critical issue. Anzac Day, we must remember all those who have served in the past, but also pledge to support the current members of the Australian Defence Force who keep us safe.

“On Anzac Day, we have the opportunity to gather as a region and demonstrate our to all who have served, and continue to serve in 2025.”

Check details of Anzac Day services in your region with local RSL branches.

EASTWOOD VETS

Coming to Omeo

**MAY 1ST
JUNE 3RD**

**CALL 03 5152 4152 TO
ARRANGE APPOINTMENT**



Small Animals

We can see all forms of small animals,
Including Consultations,
Routine Vaccinations and worming,
Lameness examinations and much more.



Equine Services

Including Consultations, Lameness
workups (with portable digital radiography),
Reproductive management and
Equine Dentistry



Livestock

Being remote can make it hard to receive
Veterinary attention quickly when needed.
Having an Annual Farm Health Consult
allows us to dispense medications for up to 12 months.
We can also perform manual pregnancy diagnosis
lameness exams and provide preventive health advice.

CONTACT US reception@eastwoodvets.com.au **03 5152 4152**

MEN'S HEALTH NIGHT

Heart Health
Mental Health
Prostate Awareness

7th May 2025
at 6.00pm
@ SCBNC



Call the Swifts Creek Bush Nursing Centre
on 5150 2430 to register, Partners are welcome!
Heart Healthy Food provided, it is Heart Health Week!



HALL STORIES

WITH DAMIAN CALLINAN

Every hall has a story to tell, and Damian Callinan will be the wall that's talk. Using his skills as a comedian, storyteller, he'll pull back the curtain on his own tour stories and examine the quirks, traditions and characters of rural Australian halls and meeting places. With specific focus on the history and characters of Omeo, Swifts and Benambra, Damian will deliver a hilarious show, followed by a podcast documenting the history of the hall.

— O M E O M E M O R I A L —
H A L L

7 P M

F R E E

— S A T U R D A Y 1 0 M A Y —

BOOKINGS ESSENTIAL

BOOKINGS ESSENTIAL



THIS PROJECT IS FUNDED BY THE VICTORIAN GOVERNMENT THROUGH EMERGENCY RECOVERY VICTORIA





Riviera|cc

www.rivieracc.org.au

CHURCH INTEREST SESSION

If you're interested in a regular Church service happening in Omeo, come along to this info session

9:30 FOR 10AM START

The Omeo Community
Hub and Hall

For more information, call 5152 1759
or email info@rivieracc.org.au



MAY 4, 2025



Ensay/Swifts Creek RSL

All Welcome

Dawn Service at Reedy Flat Memorial

Hammonds Road

Commencing at 6.00am

Followed by breakfast on site

\$5.00 Donation

Main Service at the Ensay Cenotaph

Commencing at 11.00am

**Followed by lunch at the
River Inn (menu prices)**



Omeo/District RSL

All Welcome

Service at the Memorial

Day Avenue Commencing at 6.00am

Followed by Gunfire Breakfast at the

Hilltop Hotel (\$5.00 Donation)

March from Post Office at 10.45

Main Service commencing at 11.00am

With Guest Speaker

